

STD IX English

Sr.No	Month	Unit/Sub-unit	Values	Project/Activity
1	April	Beehive: Unit –1 Prose: 1. The Fun They Had Poem: The Road Not Taken	Sincerity, sensitivity, attachment, modernism, decision-making, self confidence, goal-oriented life.	Debate
		Moments: 1. The Lost Child Grammar : Parts of Speech, Tenses , Figures of Speech Writing Skill: Letter Writing	Mutual understanding, importance of parental love, alertness.	
2	June	Beehive: Unit-2 Prose: The Sound Of Music Unit-3 Prose: The Little Girl Poem : Wind, Rain on the Roof Moments : 2. The Adventures of Toto Grammar : Modals, Determiners Writing Skill: Paragraph (Event)	Devotion, dedication, affinity, patriotism, determination, hard work, courage and attitudes, friendship , forgiveness, respecting elders, politeness, helpful and caring nature, sensitivity, mutual understanding. Sensitivity, importance of discipline.	Introducing a Guest Group Discussion.
		Beehive : Unit –4 Prose : A Truly Beautiful Mind Unit –5 Prose : The Snake and the Mirror Poem: The Lake Isle of Innisfree, A Legend of the Northland Moments: 3. Iswaran the Story Teller Grammar : Reporting : (i) Commands (ii) Statements (iii) Questions Writing Skill : Paragraph (Person)	Consistency, punctuality, politeness, self introspection self confidence, devotion, appreciation of nature's beauty, imagery, creativity, sense of humour, sense of time, don't react but respond, introspection, importance of sharing, honesty and respect towards others. Curiosity, sense of humour and time, scientific approach, decision-making.	Dictation (Listening Skills) Story telling

	<p>Beehive : Unit –6 Prose: My Childhood Poem: No Men Are Foreign</p>	<p>Importance of good and healthy relationships, optimism, secularism, hard work, consistency, self confidence, respect for all, scientific approach, nationalism, equality, fraternity, universal brotherhood.</p>	<p>Opinion stating</p>
<p style="text-align: center;">4</p> <p style="text-align: center;">August</p>	<p>Moments: 4. In The Kingdom Of Fools 5. The Happy Prince</p>	<p>Sense of time, beware of fools, alertness and active, wisdom, selflessness, generosity, co-operation, sensitivity, social responsibility.</p>	
	<p>Grammar : Clauses : (i) Noun clauses (ii) Adverb clauses of conditions and time (iii) Relative clauses Writing Skill: Paragraph (Place)</p>		
	<p>Beehive : Unit –7 Prose: Packing Poem: The Duck and the Kangaroo</p>	<p>Sense of humour, being carelessness, don't be over confident, team work, importance of friendship, courtesy.</p>	<p>Speech</p>
<p style="text-align: center;">5</p> <p style="text-align: center;">September</p>	<p>Moments: 6. Weathering the Storm in Ersama</p>	<p>Cooperation, unity, social responsibilities, caring for others, selflessness.</p>	
	<p>Grammar: Subject- Verb Concord Writing Skill: Story writing</p>		

Revision : Mid-Term Exam	
6	October
7	November
8	December
9	January
10	February
11	March
Annual Exam	

Month	Topics	Remarks
7	Beehive : Unit –8 Prose: Reach for the Top Poem: On Killing a Tree	Women empowerment, equality, dignity, dedication, self confidence, environmental awareness.
8	Beehive :Unit –9 Prose: The Bond of Love Unit –10 Prose: Kathmandu Poem: The Snake Trying	True affection, honesty, attachment, friendship, sensitivity, selflessness, sensitivity towards animals, spirituality, meditation, attachment towards home, impartial observation, secularism
9	Moments: 7. The Last Leaf 8. A House is not a Home	Self confidence, friendship, desire for excellence, sacrifice, honesty, importance of true affection in relations, love for animals, friendship, unity, empathy
10	Grammar : Use of Passive Voice Writing Skill : Diary Writing	
11	Beehive :Unit –11 Prose: If I were You Poem: A Slumber did my Spirit Seal Moments: 9. The Accidental Tourist 10. The Beggar	Alertness, sense of time, activeness, imagination, attachment, broad mindedness, acceptance.
12	Grammar : Prepositions Writing Skill : Revision	Sense of humour, alertness, self dependence, supportiveness, helpfulness, self-introspection.
13	Revision	
Annual Exam		

STD IX- Hindi

Sr.No	Month	Unit/Subunit	Values	Exam
1	April	व्याकरण- 1)अनुस्वार, 2) अनुनासिक, 3) नूला 4) उपसर्ग-प्रत्यय	उचित अनुस्वार, अनुनासिक, नूला का प्रयोग करना उपसर्ग-प्रत्यय पहचानना	
		व्याकरण- 1) वर्ण विच्छेद 2) र के विभिन्न रूप	वर्णों को पृथक-पृथक कर लिखना, र के रूपों को जानना	
2	June	स्पर्श गद्य-1) धूल 2) दुख का अधिकार संघयन-1) गिल्लू 2) विरामचिन्ह	ग्रामीण संस्कृति की महिमा गरीबों की समस्या पर प्रकाश गिलहरी से संबंधित संस्मरण उचित विरामचिन्हों का इस्तमाल करना	
3	July	स्पर्श गद्य-1) एवरेस्ट मेरी शिखर यात्रा स्पर्श पद्य-1) रैदास के पद स्पर्श पद्य-1) रहीम के पद संघयन - रघूनी स्पर्श गद्य-1) तुम कब जाओगे अतिथि	एवरेस्ट की चोटी का रोमांचकारी वर्णन रैदास की राम भक्ति रहीम के दोहों की जानकारी बचपन का रोचक अनुभव अतिथियों पर कटाक्ष और व्यंग्य	
4	August	स्पर्श पद्य-1) आदमीनामा स्पर्श पद्य-1) एक फूल की चाह संघयन-1) कल्लू कुम्हार की उनाकोटी व्याकरण-1) संधि	मानव के विविध रूपों पर प्रकाश इआइत की समस्या राज्य त्रिपुरा के सौंदर्य का वर्णन संधि-विच्छेद करना	Pre-Mid Examination
5	September	लेखन-1) अनुच्छेद लेखन 2) पत्र लेखन लेखन-1) चित्र वर्णन 2) संवाद, लेखन 3) विज्ञापन लेखन 4) अपठित गद्यांश, पद्यांश	अनुच्छेद और पत्र लिखना चित्र का वर्णन करना, संवाद लिखना, विज्ञापन लिखना हिंदी भाषा को बढ़ावा देना	
6	October	पुनरावृत्ति		1st Term Examination

७	November	स्पर्श गद्य-१) वैज्ञानिक चेतना के वाहक स्पर्श गद्य-१) कीचड़ का काव्य स्पर्श पद्य-१) गीत-अगीत स्पर्श पद्य-१) अग्नि-पथ संघयन-१) मेरा छोटा सा निजी पुस्तकालय	प्रसिद्ध वैज्ञानिक सी.व्ही, रमण के जीवन और योगदान कीचड़ का सौंदर्य वर्णन मौन-और मुखर दोनों अभिव्यक्तियों का वर्णन सघर्ष की प्रेरणा संघर्षमय जीवन और पुस्तक संकलन	
८	December	स्पर्श गद्य-१) धर्म की आड़ स्पर्श पद्य-१) नाए इलाके में, खुशबू रचते हैं हाथ	साम्प्रदायिकता फैलाने वाले लोगों पर चोट नवनिर्माण की प्रेरणा गरीबों की आर्थिक दृष्टा	
९	January	हामिद खां स्पर्श गद्य-१) शुकुतारे के समान संघयन-१) दिए जल उठे	हिन्दू-मुस्लिम एकता निजी सचिव महदेव देसाई की बेजोड़ प्रतिभा स्वतंत्रता संग्राम का वर्णन	Post-Mid Examination
१०	February	व्याकरण पुनरावृत्ति लेखन पुनरावृत्ति		
११	March	पुनरावृत्ति		Annual Examination

STD IX
Marathi

Sr.No	Month	Unit/Subunit	Values	Exam
				Pri-Mid Examination
१	एप्रिल	पत्रलेखन-तक्रार व मागणी		Pri-Mid Examination
२		संवाद लेखन		Pri-Mid Examination
३		अशुद्ध शब्द शुद्ध लिहा		Pri-Mid Examination
४		विरामचिन्हे		Pri-Mid Examination
५		निबंध		Pri-Mid Examination
६		समानार्थी शब्द		Pri-Mid Examination
७		विरुद्धार्थी शब्द		Pri-Mid Examination
८		लिंग बदला व ओळखा		Pri-Mid Examination
९		वचन बदला व ओळखा		Pri-Mid Examination
१०		सर्वात्मका शिवसुंदरा	सर्वधर्मसमभाव,चालीरितीरुढी याच्यात न उडकता माणुसकी महत्वाची,एकत्वाचे महत्व	Pri-Mid Examination
११		संतवाणी-भेटीलागी जीव	भक्तिभाव,सर्वधर्म समभाव,माणुसकी महत्वाची.	Pri-Mid Examination
१२		संतकृपा झाली	संताचे महत्व ,घारकरी संप्रदाय	Pri-Mid Examination
१३		बेटा मी ऐकतो आहे	संगीत फलेचे जीवनातील महत्व	Pri-Mid Examination
१४		जी.आय.पी रेल्वे	रेल्वेमार्ग व दळणवळण यातील बदल	Pri-Mid Examination
१५	जून	काझीरंगा	अभयारण्य प्राणीजीवनाचे महत्व	Pri-Mid Examination
१६		व्यायामाचे महत्व	योग व्यायाम यांचे महत्व	Pri-Mid Examination
१७		ओल्गमपिक वर्तुळांचा गोफ	खेळाचे जीवनातील महत्व व बदलता दृष्टीकोन	Pri-Mid Examination
१८		दिव्याच्या शोधामागचे दिव्य	दिव्याच्या शोधामागची कथा व झालेला बदल	Pri-Mid Examination
१९		प्रयोग (कर्मणी,भावे,कर्तरी)		Pri-Mid Examination
२०		विभक्तती प्रत्यय		Pri-Mid Examination
२१		शब्दाच्या जाती-नाम,सर्वनाम		Pri-Mid Examination
२२		विशेषण,क्रियापद,उभयानव्यी अव्यय,		Pri-Mid Examination
२३		शब्दयोगी,केवलप्रयोगी क्रियाविशेषण,		Pri-Mid Examination
२४		उतारा आकलन		Pri-Mid Examination
२५		काळ (भूतकाळ,वर्तमानकाळ,भविष्यकाळ)		Pri-Mid Examination
२६	जुलै	जाहिरात लेखन		Pri-Mid Examination
२७		सखू आजी	जुन्या नवीन मुल्य व आजीचे जीवनातील स्थान याविषयीचे महत्व	Pri-Mid Examination
२८		अलंकार		Pri-Mid Examination
२९		हास्यचित्रातली मुल	चित्रातून होणारे जीवनातील परिणाम	Pri-Mid Examination
३०		सराव		Pri-Mid Examination
३१		प्रसंग लेखन		Pri-Mid Examination

KLE ENGLISH MEDIUM SCHOOL JULE SOLAPUR

३२	ऑगस्ट	वृन्तांत लेखन		Pri-Mid Examination
३३		उजाड उघडे माळरानही	पर्यावरणाचे महत्त्व,निसर्गातील बदल,वातावरण याची निवड निसर्गावरप्रेम करावे.	Pri-Mid Examination
३४		कुल्प	स्वभावनिष्ठ व वस्तुनिष्ठ यातील फरक	Pri-Mid Examination
३५		आभाळातील पाऊलवाटा	एक्ष्याचे स्थलांतर व जीवन शैली	Pri-Mid Examination
३६		मुलाखतलेखन		Pri-Mid Examination
				1 st Term Examination
३७	सप्टेंबर	मुन्हा एकदा	पावसाचे महत्त्व जीवनशैली, ग्रामीण जीवनाचे महत्त्व तसेच पर्यावरणाचे रक्षण करावे.	Post-Mid Examination
३८		व्हेनिस	शहरातील जीवन पाण्याचे तरंगनाया जीवनाचे चित्र	Post-Mid Examination
३९		तिफन	शेतीचे ,पाण्याचे जीवनातील महत्त्व निसर्गाचे जतन करावे.	Post-Mid Examination
		ते जीवनदायी झाड	लिवाचे झाड व जीवनातील त्याचा उपयोग	Post-Mid Examination
४०	ऑक्टोबर	माझे शिक्षक व संस्कार	मूल्यसंस्कार समाजसुधारक जनसेवा ,कर्तव्यपार पाडावे,पर्यावरणप्रेम,निसर्गजतन करावे.	Post-Mid Examination
४१		शब्दाचे खेळ	अपंगत्व व जीवनातील कठीण प्रसंग	Post-Mid Examination
४२		विश्वकोश	व्यावहारिक गरज,वाचनाची आवड,गरजू लोकांना मदत,सर्वधर्मसमभाव,भाषावृद्धी.	Post-Mid Examination
४३		उपयोगीत लेखन		Post-Mid Examination
				Post-Mid Examination
४४	नोव्हेंबर	निबंध		Post-Mid Examination
४५	डिसेंबर	पत्रलेखन-तक्रार व मागणी		Post-Mid Examination
४६		उतारा आकलन		Post-Mid Examination
४७		कथालेखन		Post-Mid Examination
				Post-Mid Examination
	जानेवारी	सराव		Post-Mid Examination
				Post-Mid Examination
	फेब्रुवारी	सराव		Post-Mid Examination
				Post-Mid Examination

STD IX Maths

SR No	MONTH	UNIT / SUBUNIT	VALUES	ACTIVITY/ PROJECT
1.	April	Number System	Used for	Activity
		Irrational Numbers	Scientific	
		Real Numbers and their Decimal Expansions	Calculations.	Pre-Mid Examination
		Representing Real Numbers on the Number Line		
		Operations on Real Numbers		
		Laws of Exponents for Real Numbers		
2.	April	Coordinate Geometry	Used for	Pre-Mid Examination
		Cartesian System	Plotting the	
		Plotting a Point in the Plane if its Coordinates are given	Graphs.	
3.	June	Polynomials	Roller coaster	Activity
		Polynomials in One Variable	Designer use	Pre-Mid Examination
		Zeros of a Polynomial	Polynomials	
		Remainder Theorem	to describe	
		Factorisation of Polynomials	curves in	
		Algebraic Identities	their ride.	
4.	July	Lines and Angles		
		Basic Terms and Definitions	Used in Architecture,	
		Intersecting Lines and Non Intersecting Lines	Designing,	
		Pairs of Angles	Longitudes &	
		Parallel Lines and a Transversal	Latitudes.	
		Lines Parallel to the same Line		
		Angle Sum Property of a Triangle		
5.	July	Heron's Formula	To find areas	
		Area of a Triangle by Heron's Formula	like triangular	
		Application of Heron's Formula in Finding Areas of Quadrilaterals	Park.	
6.	August	Triangles	To solve real	Project
		Congruence of Triangles	World distance	
		Criteria for Congruence of Triangles	-problem	
		Some Properties of a Triangle	Earthquake	
		Some more Criteria for Congruence of Triangles	Problems.	
		Inequalities in a Triangle		
7.	August	Introduction to Euclid's Geometry	To study	
		Euclid's Definitions, Axioms and Postulates	About cells &	
		Equivalent Versions of Euclid's Fifth Postulate	Atoms.	
8.	September	Linear Equations in Two Variables	Used in	
		Linear Equations	Psychology &	
		Solution of a Linear Equation	Business	
		Graph of a Linear Equation in Two Variables	Purpose.	
		Equations of lines Parallel to x-axis and y-axis		
9.	September	Statistics	Used for	Activity
		Collection of Data	Business	
		Presentation of Data	Purpose, for	
		Graphical Representation of Data	Medical	
		Measures of Central Tendency	Purpose.	
10.	October	Probability	Trade on finance	Activity
		Probability-an Experimental Approach	Market.	
	October	Revision		

MATHS II - TERM

MATHS II - TERM				
11.	November	Quadrilaterals	Values	Project
		Angle Sum Property of a Quadrilateral	Properties	Post-Mid Examination
		Types of Quadrilaterals	Used in arts,	
		Properties of a Parallelogram	Design &	
		Another Condition for a Quadrilateral to be a Parallelogram	Architecture.	
		The mid-point Theorem		
12.	December	Circles		
		Circles and its Related Terms :A Review	Many	Project
		Angle Subtended by a Chord at a Point	Problem &	Post-Mid Examination
		Perpendicular from the Centre to Chord	Construction	
		Circle through Three Points	In geometry.	
		Equal Chords and their Distances from the Centre		
		Angle Subtended by an Arc of a Circle		
		Cyclic Quadrilaterals		
13.	December	Surface Areas and Volumes	A toy	Project
		Surface Area of Cuboids and a Cube	Manufacturer	Post-Mid Examination
		Surface Area of a Right Circular Cylinder	Who needs to Figure out	
		Surface Area of a Right Circular Cone	How much	
		Surface Area of a Sphere	Plastic they	
		Volume of Cuboids	Need to make	
		Volume of a Cylinder	Balls.	
		Volume of a Right Circular Cone		
		Volume of a Sphere		
14.	January	Areas of Parallelograms and Triangles	Used for	Project
		Figures on the same Base and Between the same Parallels	Calculating Real world	Project
		Parallelogram on the same Base and between the same Parallels	Areas.	
		Triangles on the same Base and Between the same Parallels		
15.	January	Constructions	Used in	Activity
		Basic Constructions	Architecture.	Activity
		Some Constructions of Triangles		
	February	Revision		

STD IX Science

First Term					
Sl. No	Month	Unit/subunit	Values	Practical /Activity/ Projects	Examinations
1	June-July	Matter in surroundings	Appreciates Environment	Lab Activities	Pre-mid Exam
2	July-August	Is matter around us Pure	Environmental sensitivity	Lab Activities	
3	April/June	The fundamental Unit Of Life	Appericate the body organization of both plants & animals	Lab Activities	Pre--mid Exam
4	July/August	Tissues	Appericate the body organization of both plants & animals	Lab Activities	
5	September	Improvements of Food Resources	Appericate new technology in farming	PPT	
6	April/June	Motion	Appreciates explaining motion in terms of speed, velocity, acceleration.	Lab Activities	Pre-mid Exam
7	July	Force and laws of motion	Appreciates force using Newton's laws and using the terms like inertia, momentum, action-reaction. Use of momentum in daily life.	Lab Activities	
8	August	Gravitation(Ti Il thrust & Pressure)	Appreciates force of gravity for rocket/missile launching.	Lab Activities	

STD IX Science

Second Term

Sl. No	Month	Unit/subunit	Values	Practicals/Activity/ Projects	Examination
1	September- October	Atoms and Molecules	Aesthetic values	Lab Activities	Post-mid Exam
2	November- December	Structure of atom	Aesthetic values	Lab Activities	
3	October	Diversity of Living Organisms	Understand various new organisms	Lab Activities	Post-mid Exam
4	November	Why Do We Fall Ill	Becomes aware of various pathogens & diseases	Lab Activities	
5	December	Natural Resources	Behaves environment friendly	P.P.T.	
6	October	Gravitation- (Thrust & Pressure onwards)	Use of pressure in air (parachutes), water.	Lab Activities	Post-mid Exam
		Archimede's principle	Understanding Archimede's principle. Application of Arechemed's prinicple	Lab Activities	
		relative density	Use of relative density to find the concentration of metals in alloys	Lab Activities	
7	November- December	Work and Energy	explanation of work done, explanation of energy interms of Kinetic and potential energy	Lab Activities	
8	January	Sound	use of ultrasound, SONAR navigation purpose	Lab Activities	
		Human ear			

STD IX Social Science (Term - I)

SR. No.	Month	Unit/Subunit	Values	Exam
1	April	Democratic Politics		
		Unit No.1 Democracy in the Contemporary World	Respect and abide democratic values ,freedom.	Map skill
		Geography.		
		Unit No.1 Size and Location	Appreciate the Geographical diversity	
2	June	Economics		
		Unit No.1 The Story of Village Palampur	Importance of agriculture, dignity, adopt changes, modernism	
		History		
		Unit No.1 The French Revolution	Equality, sensitivity, fraternity, social justice	
3	July	Geography.		
		Unit No.2 Physical Feature of India	Appreciate the diversity, love for nature, protect and preserve the natural heritage.	Map skill
		Democratic Politics		
		Unit No.2 What is Democracy and Why Democracy?	Decision Making quality, opstive attitude towards nature of democracy in India.	
4	August	Economics		
		Unit No.2 People as Resource	People are asset of country, importance of health and education,conserve natural resources.	
		Geography.		Pre-Mid Term Exam
		Unit No.3 Drainage	Importance of river, control river pollution and maintain the purity of rivers.	Map skill
5	Sept	History		
		Unit 2.Socialism in Europe and the Russian Revolution	Gratitude, equality, labour dignity, social justice.	
		Democratic Politics		
		Unit No.3 Constitutional Design	Respect for constitution and appreciation for constitutional values.	
6	Oct	First Term Exam		

Term - II

SR. No.	Month	Unit/Subunit	Values	Activity	Exam
7	Nov	GEOGRAPHY			
		Unit No.4 Climate	Importance of rain, water management, adaptation, importance of unifying role of monsoon.	Map skill	
		ECONOMICS			
		Unit No.3 Poverty as a Challenge	Sensitivity, importance of health and education		
8	Dec	DEMOCRATIC POLITICS			
		Unit No. 4 Electoral Politics	Importance of free and fair society, exercise voting right		
		GEOGRAPHY			
		Unit No.5 Natural Vegetation and Wild Life	Importance of Ecosystem, protect and conserve biodiversity.	Map skill	
9	Jan	Unit 3. Nazism and the Rise of Hitler	Compassion, brotherhood, sensitivity, equality, love and care		
		DEMOCRATIC POLITICS			
		Unit No.5 Working of Institutions	Respectful approach towards decisions and decision makers		
		GEOGRAPHY			
10	Feb	Unit No. 6 Population	Social responsibilities, care for others, importance and need of population control	Map skill	Post Mid Term Exam
		ECONOMICS			
		Unit No. 4 Food Security in India	Sensitivity towards social issues, appreciate the government initiative to alleviate poverty.		
		DEMOCRATIC POLITICS			
11	March	Unit No. 6 Democratic Rights	Respect Fundamental Rights , Equality, Freedom ,accountability		Annual Exam
		HISTORY			
		Unit No. 4 Pastoralists and Modern World	Respond the changes positively, adopt the modernisation, sustainable development		

**STD IX
Art & Craft**

Sr.No	Month	Topic	
		Drawing	Craft
1	June	About Art and Elements of Art	Greeting Cards
2	July	Nature Drawing(Tinted)	Quiling paper work
3	August	Human figure study	3D Models
4	September	Human figure study	Diya Decorating
5	October	Free hand Drawing	Lanturn Making,
6	November	Memory	Clay ,2D Work
7	December	Pot Painting	Wall Hanging
8	January	Nature Drawing	Tharmakol Models
9	February	-	-
10	March	-	-

**STD IX
Computer**

Sr.No	Month	Name of the Lesson	Values	Name of the book
TERM-I				
1	June	Introduction to Internet	Learning Internet and their Advantages	Hyperlink
2	July	Introduction to Internet	Learning web terminology	Hyperlink
2	July	Knowing All About Emails	Learning about the Emails	Hyperlink
3	August	Understanding HTML	Learning about the HTML langugae	Hyperlink
4	September	Designing and Formatting a web Page	Learning about the Designing a web page	Hyperlink
5	September	Design List and Images	Learning about the images regarding HTML	Hyperlink

6	October	Creating Tables	Learning about the creating tables in HTML	Hyperlink
7	November	Links and Anchors	Learning about the Links and Anchors of HTML	Hyperlink
8	November	Frames in HTML	Learning about the Frames of HTML	Hyperlink
9	December	Forms in HTML	Learning about the Forms in HTML	Hyperlink
10	January	Publishing Your Web Page	Learning the web services	Hyperlink
11	January	Publishing Your Web Page	Learn how to host the web and types of web host	Hyperlink
12	February	Project Work	Project Details	Hyperlink
13	March	IT Terms		Hyperlink

STD IX Sports

MONTH	EVENTS
June	<ul style="list-style-type: none"> • Health Education • Class wise competition practice (Chess, carom, Table Tennis) • Fitness Testing (Cardio vascular Endurance) • Safety Measures on the Ground
July	<ul style="list-style-type: none"> • Basic Stretching (Hand, Lower back, Legs.) • Class wise competition (Chess, carom, Table Tennis) • Volley ball skill practice • Athletics event activity selection
August	<ul style="list-style-type: none"> • Volley ball match practice house wise • Kabaddi skill and match practice • PT Demonstration Practice • March past
September	<ul style="list-style-type: none"> • General warm up • Football Skill and Match practice • General motor fitness Testing (Boys & Girls) • Rural games (Marble play, vitti dandu, bhavara , ligori)
October	<ul style="list-style-type: none"> • General warm up • Basic Endurance Games Activity • Cricket Skill and Match Practice • Throw ball advance skills
November	<ul style="list-style-type: none"> • Basic Endurance Games Activity • Class wise competition (Shot put throw , Javelin throw and Long Jump) • Annual Sports Meet Practice
December	<ul style="list-style-type: none"> • Class wise competition • Annual Sports Meet • Training Methods Information • Strengthen training activity
January	<ul style="list-style-type: none"> • General warm up & Basic body movement • Stretching Exercises of Sitting Position • Rural games (Marble play, vitti dandu, bhavara , ligori) •
February	<ul style="list-style-type: none"> • General warm up • Cool down Activity • Recreational fitness Games

STD IX Yoga

MONTH	Content	Values	Activity
June	Basic Description About Yoga <ul style="list-style-type: none"> • Omkar chanting • Normal session of Breathing techniques 	<ul style="list-style-type: none"> • Discipline • Knowledge improvement 	<ul style="list-style-type: none"> • Prayer & Om Chanting
July	Warm up Exercise & Standing Asanas <ul style="list-style-type: none"> • Ardhevibhadrasana • Virabhadrasana • Purna-virbhadrasana 	<ul style="list-style-type: none"> • Self Knowledge 	<ul style="list-style-type: none"> • Asanans
August	Introduction of Suryanamskara <ul style="list-style-type: none"> • With soft music 	<ul style="list-style-type: none"> • Improve Health & Peace of mind 	<ul style="list-style-type: none"> • Demonstration & Explanation
September	Suryanamskar Practice & Demonstration <ul style="list-style-type: none"> • Group and Individual 	<ul style="list-style-type: none"> • Peace of harmony 	<ul style="list-style-type: none"> • Skill Practice
October	Asanas <ul style="list-style-type: none"> • Virangasana • Shavasana • Purna-Bhujangasana 	<ul style="list-style-type: none"> • Acceptance & Kindness 	<ul style="list-style-type: none"> • Skill Practice
November	Importance of Asanas & Practical's <ul style="list-style-type: none"> • Theory 	<ul style="list-style-type: none"> • Peace of mind • Activeness 	<ul style="list-style-type: none"> • Body posture Holding techniques
December	Importance of Meditation <ul style="list-style-type: none"> • Prayer & Meditation • Methods Of Constriction • Suryanamskara 	<ul style="list-style-type: none"> • Self Management • Relaxed & Focused mind 	<ul style="list-style-type: none"> • Asanas & Breathing Steps
January	Importance of Breathing	<ul style="list-style-type: none"> • Self Mind Control 	<ul style="list-style-type: none"> • Breathing steps
February	Asanas Practice	<ul style="list-style-type: none"> • Improve Activeness 	<ul style="list-style-type: none"> • Skill Practice • Individual & Groups

STD- IX**CBSE BOARD EXAM PATTERN**

1. Internal Assessment – 20 Marks

2. Final Exam - 80 Marks

* Internal Assessment of 20 Marks includes:

- Note Book - 05 Marks.
- Subject Enrichment - 05 Marks.
- Periodical Test - 10 Marks.

Periodical Test includes three tests:

- Pre –Mid Exam - 40 Marks.
- Mid-Term Exam - 80 Marks.
- Post Mid-Term Exam - 40 Marks.

Sr.No	Periodical Test	Marks		
1	Pre– Mid Term	40	Each Test will be converted in to 10 Marks	Average of the best two periodical test will considered for the assessment.
2	Mid-Term Exam	80		
3	Post Mid-Term Exam	40		